

Motivational Interviewing with Offenders

Engagement, Rehabilitation, and Reentry

Jill D. Stinson and Michael D. Clark

“This is a book that many of us have been anticipating for a long time. MI is one of a small number of true evidence-based (and strengths-based!) success stories in offender rehabilitation. This book brings the technique alive in a way that I hope will transform theory and practice in the field.”

—**Shadd Maruna, PhD**, Professor of Criminology, University of Manchester, United Kingdom

“Whether you deliver direct treatment or offender supervision services, manage programs responsible for achieving improved offender outcomes, or design systemwide interventions to improve public safety, this refreshingly readable book articulates a proven way forward. While a court may order treatment, it cannot order lasting change—commitment to real change and long-term recovery is always a choice. This book outlines the essentials for helping an offender to make that choice and move from conflict, to compliance, to commitment. I highly recommend it for anyone working with justice system-involved individuals, and especially those working in treatment courts.”

—**Terrence D. Walton, MSW, CSAC**, Chief Operating Officer, National Association of Drug Court Professionals

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From experts on working with court-mandated populations, this book shows how motivational interviewing (MI) can help offenders move beyond resistance or superficial compliance and achieve meaningful behavior change. Using this evidence-based approach promotes successful rehabilitation and reentry by drawing on clients' values, goals, and strengths—not simply telling them what to do. The authors clearly describe the core techniques of MI and bring them to life with examples and sample dialogues from a range of criminal justice and forensic settings. Of crucial importance, the book addresses MI implementation in real-world offender service systems, including practical strategies for overcoming obstacles.

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